# Mr Rob Tettmar VI Degree

### Professional Unification of Martial Arts (P.U.M.A.)

Email: rob.tettmar@puma-uk.com

Dear Instructor,

**P.U.M.A. POINT STOP INDIVIDUAL & TEAM CHAMPIONSHIPS 2019**

Please find enclosed the details for the P.U.M.A. Individual & Team Championships to be held on;

Sunday 24th March 2019 at Northcroft Leisure Centre, Newbury, Berkshire, RG14 1RS.

Please note; For further information contact Mr Rob Tettmar VI degree – Email: rob.tettmar@puma-uk.com

or Tel: 07813 335014.Please do not contact Master Gayle

Coloured team/school Doboks may be worn at this event.

The schedule will be as follows: (**Times are approximate**)

|  |  |
| --- | --- |
| 09.00 am | Doors open |
| 09.30 am | Junior height test (light/middle/heavy) Height categories listed below. |
| 10:00 am  11.00 am  12.00 pm  1.00 pm  1.30 pm  2.00 pm | Junior individual Sparring (white, yellow/green - blue/red - Black).  Cadet individual Sparring (mixed weight)  Junior & Cadet Team Sparring and Patterns  Coloured Belt Adult Team Patterns and individual sparring  Coloured Belt Team Sparring  Black Belt Adult Team Patterns and Individual Sparring |
| 3.00 pm | Black Belt Adult Team Sparring  **Please Note: All Team Patterns can be mixed Male & Female**  **Contact Rule for sparring: No contact to the face will be allowed in any division, head contact to the side or top of the headguard only. (in the event of contact to the face the opposing team will automatically be awarded the point and a warning will be issued by the referee.** |
|  |  |
|  | **Please note that the schedule is a guide only and is always subject to change** |

**All tournament officials please report to the top table at 9:15 am.**

**Names of all officials & helpers must be sent to; tournamentofficials@puma-uk.com**

**Competition Entry Fee**

Adult/Junior: Individual Sparring £15 per competitor

Team Patterns £10.00 per competitor

Team Sparring £10.00 per competitor

Spectators: £5.00 spectators

**Closing Date for Entries**

**Entries must be received no later than Sunday 17th March 2019.**

**Entry system**

**Please use the spreadsheet provided to enter your students into this event. All participants will be invoiced directly using their email address given on the spreadsheet.**

**Sparring**

**Junior sparring: 3 Weight Divisions. Lightweight Up to & Including 150cm**

**Middleweight 151cm - 165cm**

**Heavyweight 166cm & above**

**Junior Team Sparring: Above weight categories apply (all teams must have one member from each weight category)**

**Junior Team Patterns can be of any height category**

**Cadet & Adult Sparring: All Cadet & Adult Sparring are mixed weight divisions**

**Please note: Junior white/purple/orange/yellow stripe NO CONTACT TO THE FRONT of THE FACE**

**Juniors are aged up to sixteen on day of competition**

**Cadets are aged between 16 and under 18 years old on the day of the competition**

**Cadets category will be for black belts only**

**All teams to be made up of three people**

**For Team Patterns you can include a walk in/off and position in any way you want**

**NOTE: No Separate Veterans Division**

**P.U.M.A. approved sparring equipment must be worn for all sparring categories**

**The following equipment is compulsory:** Head guard (open faced), gum shield, non-weighted closed-finger hand guards, forearm guards, foot guards & shin guards. Groin guards are compulsory for males and optional for females. Chest guards are optional for females.

Team Patterns Divisions

Each team will be made up of three team members and the pattern performed will be a pattern of the lowest grade team member. Junior white belt & stripe belts will be allowed to perform Chon-Ji.

**Divisions**

|  |  |
| --- | --- |
| **Grade** | **Exercise/Pattern** |
| White & stripe belts | Sajo Jirugi 1,2 Sajo Makgi or Chon-Ji |
| 8th - 5th Kup | Chon-Ji – Yul-Gok |
| 4th - 1st Kup | Joon-Gun – Choong-Moo |
| 1st Degree + | 1st degree patterns + |

**NOTE: For any further information please contact**

**Mr Rob Tettmar VI Degree - Email:** [**rob.tettmar@puma-uk.com**](mailto:rob.tettmar@puma-uk.com) **/ Tel: 07813 335014**

**Please Do Not Contact Master Gayle**

***Mr Rob Tettmar VI Degree***

***P.U.M.A.***

***Note. For this competition only, late entries will be permitted on the day with a late fee of £5.00 per person.***